

ANTIMICROBIAL PEPTIDES OF INNATE IMMUNITY AS PROTOTYPES OF NEW AGENTS TO FIGHT ANTIBIOTIC-RESISTANT BACTERIA

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ABSTRACT

The review represents the analysis of the literature data on antimicrobial peptides (AMPs) of the innate immune system as promising prototypes of new antibiotic agents for overcoming the antibiotic resistance of microorganisms. Structural and functional properties of these peptides are highlighted, information on the mechanisms of antimicrobial action and, briefly, on their effects on the cells of higher eukaryotes is provided. The advantages of AMPs in comparison with conventional antibiotics and the problems of practical application of AMPs are discussed. Examples of drugs developed based on AMPs that are at the stage of clinical trials are given, the necessity of creating new peptide drugs for medical application in the treatment of infectious diseases caused by antibiotic-resistant microorganisms is substantiated.

Key words: antibacterial action, antimicrobial peptides, clinical trials, infectious diseases, microbial resistance.

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INTRODUCTION

In recent years, the resistance of pathogenic microorganisms to antibiotics used in medicine has been growing rapidly. According to forecasts, by 2050, mortality from infections caused by antibiotic-resistant bacteria will reach 10 million people per year [1]. The problem of fighting hospital infections is particularly acute. Among the most dangerous representatives of such bacteria, assigned by the WHO to the 1st priority category, are multiresistant gram-negative bacteria of the genus *Acinetobacter*, *Pseudomonas* and various species of Enterobacteriaceae family (including *Klebsiella*, *E. coli*, *Serratia* and *Proteus*) resistant to carbapenems and other antibiotics [2]. This list provides guidelines for priority developments for research organizations. According to WHO guidelines, an urgent search for fundamentally new anti-infective medicines is needed, as well as the development of fundamental and applied scientific research related to the decoding of the natural anti-infective defense mechanisms of the body.

Bacteria that form biofilms are a particular problem, which greatly increases their resistance to chemotherapy [3–5]. The search for means to combat such bacteria is an urgent task of experimental and practical medicine.

Analogues of natural antimicrobial peptides (AMP) of the innate immunity system are currently considered as fundamentally new antibiotics due to the difficult formation of the resistance of microorganisms to these compounds and the absence of negative effects on the immune system, characteristic for some conventional antibiotics.

GENERAL CHARACTERISTICS AND STRUCTURAL CLASSIFICATION OF PEPTIDES

AMPs are known as molecules acting as the most important effector link in the system of innate immunity of animals [6–8]. In addition, peptides with antimicrobial activity are found not only in animals, but also in plants, fungi, bacteria [7, 9, 10]. These compounds are positively charged peptide molecules, which include 15–45 amino acid residues. The peptides in question were named antimicrobial due to the discovery of a wide range of antibiotic activity in these substances — these peptides inhibit the growth and development of gram-negative, gram-positive bacteria, fungi (including yeasts), parasites (including planarians and nematodes), and even viruses such as HIV and herpes virus [8, 11–17].

Antimicrobial peptides have a variety of primary structures and different conformations of molecules.

One of the classifications of AMPs is based on differences in their secondary structure and divides the known peptides into several main groups [18–20]:

- * peptides having an α -helix conformation;
- * linear peptides having an increased content of one or another amino acid in the composition of the molecule: peptides enriched with proline, tryptophan, histidine or glycine;

- * cystine-containing peptides are peptides having one, two or more disulfide bonds. This group usually includes peptides with a mixed structure, which, in addition to β -layers, also include spiral sections; as well as macrocyclic peptides closed in a ring by a peptide bond (θ - defensins RTD-1, -2, -3).

The vast majority of antimicrobial peptides are cationic molecules. However, several anionic peptides have been described [21, 22], for example, dermaseptin, a peptide found in the secretions of human sweat glands and exhibiting antibacterial and fungicidal activity — maximin H5 from the skin of toad *Bombina maxima* [23] and others.

MAIN GROUPS OF ANTIMICROBIAL PEPTIDES IN MAMMALS

Mammals have two main groups of antimicrobial peptides: a family of structurally related cystine-containing AMP defensins and a group of peptides with diverse structures that make up the family of cathelicidins [18, 24].

The existence of low molecular weight cationic proteins with antimicrobial action was first shown by American researchers Zeya and Spitznagel in the sixties [25], who discovered them in rabbit and guinea pig neutrophils and named them “lysosomal cationic proteins”. In our country, studies of these polypeptides were initiated at the Research Institute of Experimental Medicine and at the Department of Biochemistry of Leningrad University; their bactericidal and antiviral activity was demonstrated [26–30].

The term “defensins” as a definition of this group of substances was introduced in 1985 [31] with the beginning of a new period in the study of these peptides. The primary structure of defensins in rabbit [32], humans [31, 33], guinea pig [34] and rat [35] was deciphered. It is shown that they have universal antimicrobial activity, inactivating *in vitro* gram-positive, gram-negative bacteria, fungi, and some envelope viruses. Subsequently, these peptides were called α -defensins to emphasize their difference from other AMPs, similar in structure, but different in the nature of the closure of disulfide bonds, which in turn received the name β -defensins.

Four isoforms of α -defensins were isolated from human neutrophils, three of which HNP-1, HNP-2 and

HNP-3 differ from each other only in one N-terminal amino acid. HNP-4 is present in neutrophils in amounts one hundred times less than HNP 1-3 [14]. Peptides of this group were found not only in neutrophils, but also in human lymphocytes, natural killer cells [36], in epithelial cells of the genitourinary tract [37], although in much smaller quantities than in neutrophils. In addition, α -defensins, called HD-5 and HD-6, were found in intestinal crypts in Paneth cells [38].

Six human α -defensins are encoded by five DEFA genes localized on chromosome 8p23.1. Defensin HNP-2 differs from HNP-1 and HNP-3 by the absence of an N-terminal residue (alanine in HNP-1 or aspartic acid in HNP-3); thus, this defensin is a product of the DEFA1 gene encoding HNP-1, or DEFA3 encoding HNP-3, and is formed as a result of proteolytic cleavage of N-terminal residues of these peptides. 1×10^6 human neutrophils contain approximately 4-5 μg of defensins HNP-1-3, and about 250 mg of these AMPs are produced in the bone marrow every day during hematopoiesis in neutrophils [14].

While α -defensins are found mainly in phagocytes, and in many animal species (cats, dogs, horses, sheep and others) these peptides are completely absent, the peptides of the β -defensin group are more widespread. They are present in the epithelial cells of all studied mammalian species and have been identified in reptiles and birds; in addition, peptides similar in structure have also been found in fungi, plants, and bacteria.

28 genes encoding various β -defensins have been described in humans. Four main isoforms of these peptides are distinguished: HBD-1 is found in epithelial cells of the respiratory and genitourinary tract, keratinocytes, astrocytes, microglia [39, 40] and leukocytes; HbD-2 — in epithelial cells of the skin, respiratory, genitourinary, digestive tracts [41]; HbD-3 in various types of epithelial cells: its highest concentration was found in saliva and genitourinary tract it is also found in the liver, heart, placenta [42, 43]; HBD-4 is found in cells of the genitourinary and digestive tracts [44, 45]. HbD-1 biosynthesis is constitutive, HbD-2 and HbD-3 are inducible: the expression level of HbD2 and HbD3 genes increases when epithelial cells come into contact with microorganisms [46].

Another unusual group of defensins is cyclic θ -defensins. Peptides of this group were found in white blood cells of rhesus macaque [47, 48] and hamadryl baboon [49]. It has been shown that the RTD-1 peptide (rhesus θ -defensin 1) is a crosslinking product of two shortened α -defensins encoded by two different genes. The cyclic structure of θ -defensins makes them relatively insensitive to the presence of sodium chloride in the medium and allows for antimicrobial function at physiological concentrations of salts. Although humans

also have genes encoding θ -defensins, they are not expressed due to the presence of a stop codon in the DNA region responsible for the synthesis of the pre-part of these molecules.

Representatives of the family of cathelicidins were found in phagocyte granules, as well as in cells of various barrier epitheliums. Cathelicidins, unlike defensins, exhibit a wide structural diversity. These structurally different peptides are grouped into one family due to the fact that they are all formed from precursor molecules [50], which include a site region, homologous to the protein katelin (i. e., the inhibitor of cathepsin L, a protein with a mass of 11 kDa which was first isolated from pig leukocytes [51]). Precursor molecules do not show antimicrobial effects; a mature active peptide is formed only after cleavage of the prepro part by enzymes of activated neutrophils [52].

Cathelicidins have been found in human protective cells of mammals, birds, reptiles, and fish [52-54].

ANTIMICROBIAL ACTIVITY OF PEPTIDES

The spectrum of antimicrobial activity of AMPs depends on the peptide structure. Some AMPs have a wide spectrum of antibiotic effects and are active against gram-negative gram-positive bacteria, fungi. Other AMPs have a more limited spectrum of antimicrobial activity: for example, peptides enriched with proline inactivate mainly gram-negative bacteria [55]. A number of AMPs has fungicidal activity; it has been demonstrated for rabbit and human α -defensins, human β -defensins, histatins, protegrins and other peptides [8, 12, 14, 56]. Many peptides exhibit pronounced activity against strains of microorganisms resistant to most antibiotic drugs used in medicine [57-60]. These properties of peptides are due to the mechanism of their antimicrobial action, which will be discussed below.

Despite the huge structural diversity of the natural antimicrobial peptides described to date, all of them, as a rule, are cationic and amphipathic molecules in which hydrophilic and hydrophobic groups of amino acid residues are spatially separated. The presence of a positive charge allows them to bind electrostatically to the anionic components of microbial cell membranes (anionic phospholipids, lipopolysaccharides, teichoic acids), and due to their hydrophobic properties, embed in the lipid bilayers of membranes, which can cause irreversible damage to the structure of the bacterial membrane and disruption of its functions, and lead to the death of target cells [8, 18, 20, 61].

Thus, bacterial membranes are the target of the action of most natural AMPs. Currently, there is a large number of works in the literature dedicated to the study

of the action of antimicrobial peptides on artificial lipid membranes (monolayers, bilayers, liposomes), the composition of which is close to the lipid composition of bacterial membranes or eukaryotic cells. Although the mechanism of embedding antimicrobial peptides into the membranes of living cells has not yet been fully understood, experiments on model membranes resulted in data that have been analyzed, making it possible to propose several models of interaction of antibiotic peptides with lipid membranes [62].

The amphipathic nature of antimicrobial peptides is their key physicochemical property, important for the implementation of the process of embedding peptides into lipid membranes: hydrophobic regions are necessary to interact directly with the lipophilic phase of membranes, while hydrophilic regions either interact with negatively charged groups of phospholipids or are directed into the pore cavity.

At the first stage of AMP-membrane contact, peptides preferentially assume an orientation parallel to the membrane, electrostatically binding to negatively charged phosphate groups of phospholipids on the membrane surface [8, 62, 63]. At the same time, many peptides change their conformation during the transition from an aqueous medium to a lipid environment, in particular, many peptides from the α -helical group acquire an ordered α -helical structure precisely during adsorption on the membrane [64, 65].

Depending on the structure of peptides, the mechanism of membrane damage varies. It is also assumed that peptides can influence membranes by combining several different methods of action. According to classical ideas about the mechanism of violation of the structural integrity of membranes, peptides, being sorbed on its surface, reach a certain threshold concentration, after which their embedding into the membrane begins with the formation of a pore formed by peptide molecules (the “barrel assembly” model), or a pore composed of peptide and lipid molecules (a toroidal pore), or with the formation of micellar structures in the membrane (the “carpet” model) [19, 63, 64, 66].

The toroidal pore model assumes that peptide clusters acquire an orientation perpendicular to the membrane, bending it inward to form a pore and form a “passage” lined with hydrophilic groups (including heads of membrane phospholipids) directed into the cavity.

In the “barrel assembly” or “barrel riveting” model, the peptide molecules are reoriented, acting as “boards” (“rivets”) forming the walls of the “barrel”-pores, i.e. they form a cluster located perpendicular to the membrane surface, so that the hydrophobic regions of each peptide in the cluster are connected to the lipid core of the membrane, while the hydrophilic regions look into the cavity of the transmembrane pore formed.

In contrast to the models of pore formation, the “carpet” model assumes that peptide molecules located parallel to the lipid bilayer cover entire local areas like a carpet [67] and, when a sufficiently high concentration is reached, exhibit detergent-like activity, causing local violations of membrane integrity. Sections of the membrane can break into micelles, which can lead to the formation of pores. Intermediate compounds composed of lipid molecules bound to a peptide can also be formed.

A decrease in the thickness of the lipid bilayer in the presence of AMPs has also been described [19, 61] and is considered as one of the methods of action leading to disruption of the barrier function of membranes.

The adsorption of peptides on the membrane increases when they come into contact with oxidized phospholipids. In some cases, no significant damage to the membrane is detected when exposed to peptides, but the membrane potential of target cells drops sharply. A model of “electroporation” has also been proposed [19, 68], according to which the accumulation of peptides in the outer sheet of the lipid bilayer of the membrane leads to an increase in the membrane potential above the threshold value, which entails an increase in the permeability of the membrane to various molecules, including the peptides themselves.

Some AMPs at the lowest effective concentration do not cause membrane disintegration, and yet bacteria die. These peptides move through the membrane and accumulate inside cells, where they disrupt many important cellular processes, mediating cell death: inhibit nucleic acid synthesis, protein synthesis, enzymatic activity and cell wall synthesis [18, 66, 69].

For example, the frog antimicrobial peptide buforin penetrates the bacterial membrane without causing its destruction, and binds to DNA and RNA in the *E. coli* cytoplasm [70]. Similarly, some α -helical peptides, such as dermaseptin isolated from frog skin, or pleurocidin derivatives obtained from fish AMPs, cause inhibition of DNA and RNA synthesis without destabilizing the *E. coli* cell membrane [71]. Inhibition of nucleic acid synthesis has also been demonstrated for antimicrobial peptides from various structural classes, such as the human β -structure α -defensin HNP-1 [72] or the linear, tryptophan-enriched peptide of bovine neutrophils indolicidin [73].

In addition, it has been shown that some of these AMPs can affect protein synthesis. A decrease in the level of protein synthesis is observed, including under the action of pleurocidin and dermaseptin, PP-39 and indolicidin. Using the example of proline-rich insect AMP pyrrhocorycin, a mechanism for similar peptides has been revealed, according to which the peptide enters the target cell (*E. coli*) and binds to DnaK, a heat

shock protein that is involved in chaperone-dependent protein folding. The peptide inhibits ATP-ase activity of DnaK, disrupting the spatial convolution of protein molecules, which results in the accumulation of proteins with impaired conformation and cell death [74]. This activity was also confirmed for bovine bactenecin 7 and sheep bactenecin 7.5 [75–77]. For a number of proline-rich AMPs, including insect apidaecins and oncocins, as well as bovine bactencins 5 and 7, the possibility of blocking their translation on ribosomes due to binding to the 70S subunit (in the area of the exit tunnel) was also revealed [55, 78–82].

Antimicrobial peptides can also target the formation of structural components, such as the cell wall. The antibiotic nisin, in addition to its ability to form pores, can bind lipid 2, thus inhibiting cell wall synthesis [83]. Interestingly, the same stages of its biosynthesis process are the target of the action of the antibiotic vancomycin. However, it is assumed that nisin and vancomycin show their effect by interacting with different molecular parts within lipid 2, as a result of which the nisin peptide is also active against vancomycin-resistant bacteria [84].

Many researchers tend to think that the mechanism of action of each peptide may vary slightly, depending on the characteristics of the target cell. In addition, AMP can inactivate bacteria using two or more mechanisms of action, combining the destabilization of the cell membrane and the violation of intracellular processes. It is believed that AMP can act as a “multi-purpose” mechanism [85, 86], namely that peptides with a high positive charge of the molecule, in addition to disrupting bacterial membranes, penetrate microbial cells and bind to anionic compounds in the cytoplasm, such as nucleic acids or enzymes, thus interfering with the processes in which these molecules are involved. Thus, it has been shown that cationic peptides of various structural classes can bind and specifically inhibit the activity of aminoglycoside-modifying enzymes that contain an anion-binding pocket [87]. The high degree of complexity of such a mechanism and the multiplicity of antimicrobial targets are the reasons for the unlikely appearance and selection of mutants resistant to cationic peptides [86, 88].

In addition to the activity associated with the direct inactivation of bacteria, fungi and viruses, AMPs show a number of effects on the body's own cells. Many peptides have cytotoxicity against various tumor and normal eukaryotic cells [63, 89–91], act as chemoattractants for macrophages, neutrophils, immature dendritic cells [92–94], increase vascular permeability and stimulate their growth [95–98], cause mast cell degranulation [96, 99–102], affect cytodifferentiation [103–105], inhibit corticosterone production by the cells of the adrenal cortex *in vitro* [106–108].

DRUGS BASED ON ANTIMICROBIAL PEPTIDES

In light of the rapidly developing resistance of pathogenic microorganisms to antibiotics used in the clinic and the increasingly acute problem of finding new effective antimicrobials, one of the attractive properties of AMPs of animal origin as candidates for the role of the latter is the high activity of many of them, also in relation to antibiotic-resistant clinical isolates of bacteria and fungi [109–114]. It has been shown that they are also efficient against biofilms, the formation of which is associated with a significant part of intractable chronic bacterial infections [115–117]. At the same time, the fact that some AMPs have not only antimicrobial, but also immunomodulatory activity mentioned in the previous section, makes these compounds especially promising for their development the basis of antibiotic drugs for the correction of various complicated pathological processes, including those accompanied by immunodeficiency states. In general, the proposed areas of practical use of AMPs are quite diverse and are associated with their use as direct antibiotic agents that cause the death of pathogenic microorganisms or transformed cells; as immunomodulating substances or as carriers of other medicinal compounds through cell membranes [12, 118–120]. At the same time, most of the current developments are related to the first opportunity.

The direct antimicrobial effect of most active AMPs is carried out in a short period of time — a few minutes, as it is associated with damage to the integrity of the membranes of bacteria. The labored development of resistance of microorganisms to AMPs in the wild is largely associated with this circumstance [60, 88, 121]. However, it is AMPs with pronounced membranolytic effects that are more often toxic to the body's own cells, which complicates the development of drugs directly based on these compounds. Therefore, the efforts of scientists are aimed at creating modifications of AMPs with an optimal combination of properties: high antimicrobial activity and low toxicity for the own body's cells.

Unfortunately, despite the progress in analyzing the relationship between the structure and activity of AMP in recent decades, attempts to develop structural analogues of AMP *de novo* using only computer modeling tools have had very limited success. The search for new natural peptides, for example, their isolation from animal leukocytes, remains relevant. Taking into account the long evolutionary selection, the appeal to natural sources often leads to the identification of structures of peptide molecules with promising properties from the point of view of practical application, and further mod-

ification is already under way on this basis.

To date, a number of AMP-based drugs have been developed, most of which are at various stages of clinical and preclinical trials. Many of them are based on natural peptides. For example, on the basis of the short tryptophan-rich cathelicidin, bovine indolicidin, Migenix has proposed the drugs MX-594AN (for the treatment of acne) and MBI-226 (omiganan; initially for use in catheter-associated infections) [122]. To date, omiganan has completed phase III clinical trials as a treatment for rosacea and is undergoing phase II as a drug against acne, atopic dermatitis and vaginal intraepithelial neoplasia [123, 124]. Another drug, P-113 (PAC-113), developed by Demegen on the basis of histatin 5 (one of the group of histidine-rich cationic peptides of saliva), has completed phase II clinical trials as a drug for oral cavity treatment in candidiasis in HIV patients [56, 123]. OctoPlus, a subsidiary of Dr. Reddy's Research has successfully completed phase II clinical trials of the 24-amino acid derivative of cathelicidin LL-37 OP-145 for the treatment of chronic middle ear infections [123, 125], and ProMore Pharma is conducting phase IIb trials of LL-37 itself as a drug against chronic ulcers of the lower extremities [123, 126].

It is also interesting to note the drugs developed by PLANTON GmbH based on human β -defensin 2 (HbD2), which are intended to be used in the treatment of atopic dermatitis; skin damage, burns and complications of infectious diseases, and pulmonary infections. It is noteworthy that recombinant peptide preparations are produced using biotechnological approaches that make it possible to produce a peptide in the tubers of transgenic potatoes, which significantly reduces the cost of drug production compared to the more commonly used production of peptides using cultured bacterial or eukaryotic cells [127].

On the basis of cytokine-like peptides of insects (larvae of the *Calliphoridae* family), the domestic drug Alloferon was developed, which is currently used in medical practice as a drug that stimulates the antiviral, antimicrobial and anticancer activity of the human immune system [128, 129].

Despite the modest success of implementation at the moment, interest in the possibilities of using AMPs does not weaken and the list is being updated with new drugs undergoing preclinical trials. Examples are the drug NZ2114 based on the beta-defensin-like peptide of the fungus *Pseudoplectania nigrella* plectazine, developed by Novozymes for the treatment of infections associated with antibiotic-resistant bacteria [130-132], or the drug A3-ARO, created on the basis of a proline-enriched peptide from insect hemolymph [133-135]. The latter peptide is interesting because, despite the low antibacterial activity *in vitro*, when used *in vivo* (on the model of skin

infection, respiratory tract infections in mice) shows high efficacy, exceeding the values of traditionally used antibiotics when administered intramuscularly or used in the form of an aerosol [133].

CONCLUSION

Even the analysis of the trials of drugs in progress makes it obvious that the researchers associate the closest prospects for applying AMPs in medicine with their use as topical agents: for the treatment of infected wounds, including burns, mucocutaneous infections, chronic trophic ulcers, in particular with diabetic foot syndrome, etc. In addition, the possibilities of including AMP in the composition of antibacterial coatings that can be used in the creation of various medical devices: catheters, stents, dental implants, etc. are being considered. [136—138]. Both of these areas allow reprioritizing to some extent a number of existing problems, such as collateral toxicity, targeted delivery issues or limited lifetime of free peptides in biological media [139, 140]. The probable lack of economic advantage in case of equal effectiveness of new peptide antibiotics in comparison with the drugs already in use remains an obstacle as well [16, 140].

Nevertheless, the prospect of using AMP-based drugs to solve more complex and global problems is still undoubtedly attractive. The totality of available data confirms the idea that these components of the innate immunity system in humans and animals exhibit a wide range of biological properties that are realized during various adaptive and protective processes, such as infection, inflammation, and distress. A deeper understanding of the underlying relationships and molecular mechanisms can make it possible to comprehensively realize the potential of AMPs not only as antimicrobial, but also as immunomodulatory agents.

In addition to the actual effectiveness against resistant bacteria, the effects of synergistic antimicrobial action with antibiotics of various nature have been shown for a number of AMPs in particular in cases where bacteria are resistant directly to antibiotics included in the combination [141-146]. In light of this, the development of combined antibiotic drugs for personalized therapy of infections caused by antibiotic-resistant bacteria is promising.

The choice in favor of potential AMP-based drugs may be appropriate in the case of severe hospital infections, when standard approaches to chemotherapy are ineffective and there is information about the spectrum of antibiotic-resistant pathogens in a particular patient. AMP-based drugs may also have an advantage in cases of complex action: peptides having also angiogenic and reparative effects alongside antimicrobial ones may additionally promote the healing of trophic ulcers, and peptides with additional antitumor properties may be

the optimal choice for the prevention and correction of infectious complications in cancer patients (against the background of a decrease in immune status, for example, during chemotherapy).

Thus, due to the outstanding potential of AMPs, the development of therapeutic drugs based on these compounds does not lose relevance, despite a number of difficult problems facing researchers.

Conflict of interest

The authors declare no conflict of interest.

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